

	Mid Winter			Late Winter			Earl Spring			Mid Spring			Late Spring			Early Summer			Mid Summer			Late Summer			Early Autumn			Mid Autumn			Late Autumn			Early Winter					
	January			February			March			April			May			June			July			August			September			October			November			December					
	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late
				⌘	⌘		⌘	⌘	⌘				Plant out seedlings						Harvest																				
Aubergine (Grow undercover)				⌘	⌘		⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘	⌘				Harvest																				
Bean, Broad		⌘	⌘	⌘						Plant Out Seedlings						Harvest												Sow outdoors											
Bean, French										⌘	⌘	⌘	Sow outdoors															Cloche											
Bean, Runner										⌘	⌘	⌘	⌘	Sow outdoors					POS						Harvest														
Beetroot							⌘						Sow outdoors												Harvest														
Broccoli, Calibrise							⌘	⌘		Sow outdoors						POS												Harvest											
Broccoli, Sprouting							⌘	⌘		Sow outdoors						POS												Green varieties											
Brussels Sprouts			Early				Late			⌘						Plant Out Seedlings												Harvest											
Cabbage, Spring													Harvest									Sow outdoors						Plant Out Seedlings											
Cabbage, Summer & Red				⌘	⌘		⌘	Sow outdoors					Plant Out Seedlings															Harvest											
Cabbage, Winter																Plant Out Seedlings																		Harvest					
Cabbage, Chinese													Sow outdoors									Sow outdoors									Harvest								
Carrot							⌘	Sow outdoors																	Sow outdoors						Harvest								
Cauliflower										⌘	⌘	⌘				Plant Out Seedlings															Harvest								
Celeriac							⌘	⌘	⌘							POS															Harvest								
Celery							⌘	⌘		⌘	⌘					POS												Harvest											
Chicory													Sow outdoors																										
Courgette (& Marrow)										⌘	⌘																	Harvest											
Cucumber							⌘	⌘		⌘	⌘		Sow outdoors																										

	Mid Winter			Late Winter			Earl Spring			Mid Spring			Late Spring			Early Summer			Mid Summer			Late Summer			Early Autumn			Mid Autumn			Late Autumn			Early Winter					
	January			February			March			April			May			June			July			August			September			October			November			December					
	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late	Early	Mid	Late
Garlic				Plant cloves															Harvest																		Plant cloves		
Kale										⌘ ⌘ Sow outdoors						Plant out seedlings																							
Kohl Rabi										Sow outdoors															Harvest														
Leek							⌘ ⌘ ⌘									Plant out seedlings												Harvest											
Lettuce		⌘ ⌘		⌘ ⌘															⌘ ⌘							⌘ ⌘													
Onion (sets)							Sow outdoors									Harvest						Sow outdoors																	
Parsnip							Sow outdoors																					Harvest											
Pea				⌘ ⌘			Sow outdoors									Harvest									Sow outdoors									⌘ ⌘					
Pepper, Sweet				⌘ ⌘ ⌘			⌘ ⌘ ⌘						Plant out seedlings						Harvest																				
Potato							Cloche			Sow outdoors						Harvest																							
Radish				⌘ ⌘ ⌘			Sow outdoors			Harvest																													
Spinach													Sow outdoors																										
Swede																Sow outdoors															Harvest								
Sweetcorn								⌘		⌘ ⌘ ⌘		Sow outdoors			Plant out seedlings						Harvest																		
Tomato (indoor)	⌘			⌘ ⌘ ⌘			⌘ ⌘			Plant out seedlings						Harvest																							
Tomato (outdoor)							⌘			⌘ ⌘ ⌘														Harvest															
Turnip				⌘ ⌘ ⌘			Sow outdoors						Sow outdoors						Sow outdoors																				

Key:  sow seedling outside  plant out seedling  harvest  ⌘ sow indoors/under cover Lighter shading indicates weather/conditions dependant

**NB: This chart should be used as a guideline only. Local weather and temperature patterns, as well as varieties of seeds used should ultimately determine sowing times.**